

Client Spotlight: Robert Hagerty

When I first met Robert he was lying on the floor in a colleague's office. He was in so much pain he was unable to sit in a chair. It took him a full two minutes to get back into the lying position on my therapy table. And that was back when he was heavily medicated with pain killers.

When you read Robert's testimonial below you might think it was a standard case. I worked on him, he healed. But it was far from that. Robert worked incredibly hard to get to this point. In Robert's case persistence was the key. The first goal was to get him off the pain meds. After that it took a year to get Robert to a pain rating of two. He did his home exercise program regularly and it paid off. Even today, Robert still comes in for maintenance to keep his pain rating manageable.

For those of you who are in severe pain, if you don't feel much better right away, persistence is probably what you need. Persistence will usually pay off.

Robert Hagerty

"I was involved in a near-fatal car accident when an 18-wheeler hit me in my small sedan. I was unable to stand or sit due to the severe pain in my back and neck. I was continuously in severe pain and put on a regular dosage of 2 pain medications and muscle relaxers. After 8 years of surgeries, morphine injections, and physical therapy my pain had not subsided.

I was skeptical meeting Mark, he made his treatment sound so simple and easy.

After 20 minutes of therapy, however, my pain went from a seven or eight on a scale of ten, to a four. I started treatment with Mark and did the exercises he taught me to do at home. After a few weeks, I was able to get off of all my medications. My chiropractor was amazed to hear that I was off the medications, without pain, and back in the gym. The therapy was nothing short of amazing. "



www.musclerestoration.com